

Candidates are required to produce a fact sheet describing contraindications which prevent a facial treatment for men. The fact sheet should include:

### One fungal infection that would prevent the treatment

*Tinea corporis or body ringworm.*

An infectious fungal infection which appears as small and scaly red patches. These then spread outwards and heal from the centre, leaving a ring. Body ringworm can affect the face meaning a client cannot receive a facial if they are infected. They should be referred to their GP for further treatment.

### One bacterial infection that would prevent the treatment

*Impetigo.*

An infectious inflammatory bacterial disease. The skin appears red and becomes irritable, this then forms into thin blisters which eventually pop and form crusts. Impetigo affects the nose and the mouth. They should be referred to their GP and prescribed an antibiotic or an antibacterial ointment.

### One viral infection that would prevent the treatment

*Herpes simplex.*

An infectious skin condition. It is the inflammation of skin which happens in localised areas. They appear red, itchy and small cysts appear. These crust over and weep tissue fluid. Herpes simplex affects the nose or lips but can appear almost anywhere on the skin.

### One severe skin condition that would prevent the treatment

*Roseacea*

A chronic, inflammatory condition combined with the excessive production and secretion of sebum. The skin becomes and appears coarse, the pores are enlarged and the cheeks and nose become inflamed and erythema can sometimes occur. Refer them to their GP where they will be prescribed with antibiotics.

### One eye infection that would prevent the treatment

*Conjunctivitis or pink eye*

An inflammation of the membrane covering the eye. The skin on the inner eye becomes irritated and the eye become sore and red. Pus may be excreted from the area. Either or both eyes may become infected. Refer to GP where they'll be prescribed an antibiotic lotion.

## Five contraindications that would restrict the treatment

Cuts and abrasions; the cuts look sore and painful. If the cut is fresh, it may be oozing or look red and inflamed. The depth of the cut also depends on what caused the cut and when it happened. If a treatment is carried out and cuts and abrasions are present, the cuts condition could be made worse and could become worse for the client.

Bruises or swelling; bruises appear either blue or purple, or could be both. Swelling is an inflammation in the area, the skin looks swollen and when touched feels soft, because fluid has formed under the skin. Bruising and swelling can be painful so a treatment on bruised or swollen skin would be extremely uncomfortable for the client and could again make the situation worse.

Acne vulgaris; will be found on a skin affected by acne, the skin will appear red and sore. The surrounding area of the spot will be inflamed and red and the actual spot will also look sore and painful. Acne can be a painful skin condition and if a facial is carried out on an acne infected face, the client will be in discomfort and possibly in pain.

Skin tags; raised bits of flesh coloured or brown skin that hang off the skin, if a facial was carried out on skin with a skin tag present it could become irritated and painful.

Recent sunburn; sunburn looks irritated, red and sore, it could also start flaking and peeling depending on the severity of it. If you were to carry out a facial on sunburnt skin will be painful and sore for the client and will not be an enjoyable experience for them.